

# All about Ramadan

The month of  
Mercy and forgiveness

Ethics  
G4





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01

What is  
Ramadan?

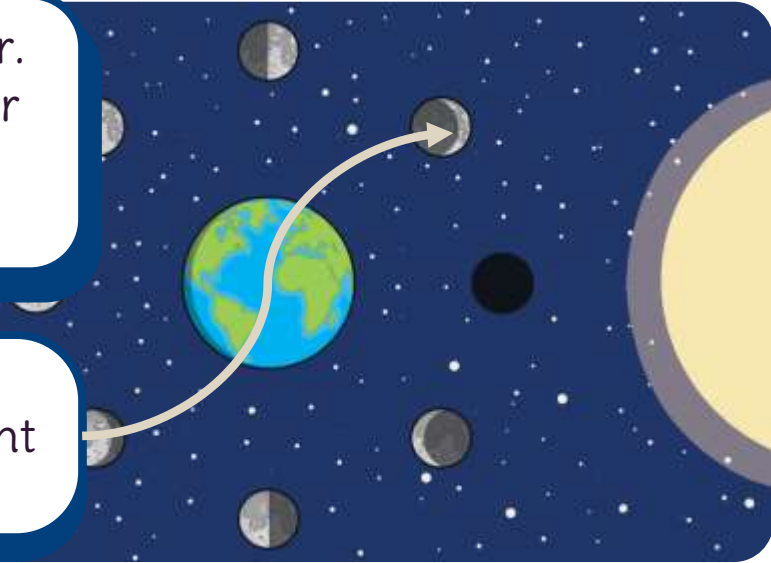
# What Is Ramadan?

Ramadan is the ninth month of the Islamic calendar.



The Islamic calendar is lunar. This means that the calendar follows the patterns of the moon, not the sun.

Ramadan begins when we see a new moon in a crescent shape in the sky.



# How Many Months in the Islamic Calendar?

There are twelve months in the Islamic calendar.

Each month can be 29 or 30 days.

# What Islamic month are we in right now?





02

What is  
fasting?

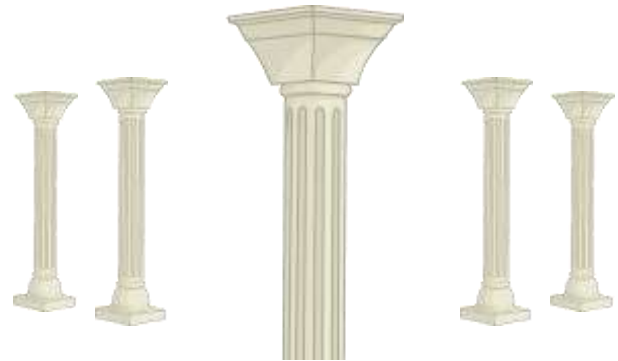
# What Is Fasting?

Ramadan is also the month of fasting.  
**Sawm** means fasting in Arabic.

Fasting in Ramadan is one of the five pillars of Islam.

Fasting is when we do not eat or drink from **Fajr**/dawn until **Maghrib**/sunset.

Fasting is a way of worshiping Allah by not eating or drinking. We also stay away from bad deeds when we are fasting and we do extra good deeds.







03

Why do we  
fast?

# Why do we fast?

We fast the month of Ramadan because Allah has commanded us to do so, as one of the five pillars of Islam.

When we fast and we can control ourselves from eating or drinking, this will help to train us to control any bad habits or bad deeds. It will help us to become better Muslims.

Can you think of any examples of giving up bad habits or bad deeds?



# What Are the Benefits of Fasting?



To gain Allah's rewards and forgiveness.



To train us to have patience and self-control.



To make us more humbler and appreciate the blessings that Allah has given us.



To train us to maintain good manners.



To have a healthier body and a stronger mind.





04

What are the  
rules of  
fasting?

# Who must fast?

Fasting is obligatory for a person if he fulfils four conditions:

1 Muslim, male or female

2 Adult

3 Sane (not mentally sick)

4 Able to fast

# Who is allowed not to fast?

1

Old people

2

Kids

3

People suffering from some diseases

4

Pregnant and breastfeeding women

5

Travellers who are travelling 81 km or more

# What Are things that invalidate fasting?

1

Eating



2

Drinking



3

Chewing gum



4

Smoking



5

Intentionally vomiting



# What Are The Requirements for Fasting to Be Valid?

1

Intention (niyyah) of fasting: Saying  
نَوَيْتُ الصَّيَامَ

2

Refraining from Fajr to Maghrib from everything that invalidates fasting as mentioned above.





05

Why  
Ramadan is  
so special?

# Why Ramadan Is So Special?

If we do a good deed in Ramadan, the rewards will be multiplied compared to doing the same good deed in a normal month. Allah will also wipe away our sins.



During a normal month.  
**Rewards x1**



During Ramadan.  
**Rewards x70**

Hadith



حديث شريف

قال رسول الله صلى الله عليه وسلم:

"من صام رمضان إيماناً واحتساباً غفر له ما تقدم من ذنبه"

Prophet Muhammad (peace and blessings be upon him) said,  
"Whoever fasts during Ramadan out of faith and hoping to gain  
Allah's reward, Allah will forgive all of his past sins."



06

What Is  
Laylat  
Al-Qadr?

# What Is Laylat Al-Qadr?

Laylat Al-Qadr or the Night of Power is one special night that comes in Ramadan.



This was the night when the Qur'an was first sent down to Prophet Muhammad (peace and blessing be upon him).

It is one of the odd nights of the last 10 days of Ramadan (21st, 23rd, 25th, 27th or 29th).

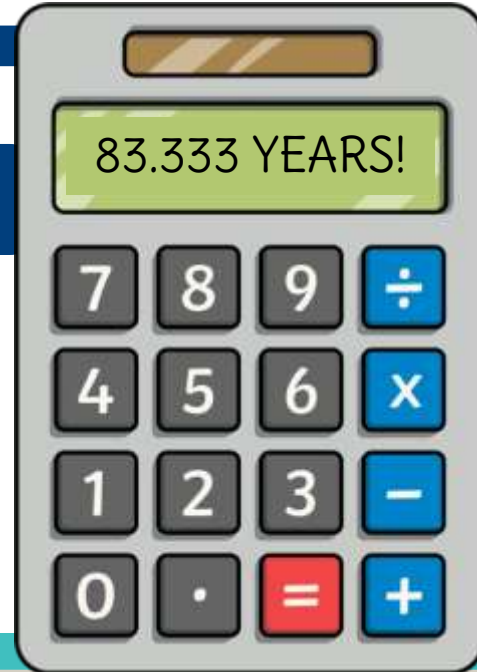
# What Is Laylat Al-Qadr?

We pray extra hard during this time because the reward of praying during Laylat Al-Qadr is equal to praying for 1,000 months!

How many years is that?

Laylat Al-Qadr Du'aa

"اللهم إِنَّكَ عَفُوفٌ كَرِيمٌ تَحِبُّ الْعَفْوَ فَاعْفُ عَنِّي"





07

What Can We  
Do During  
Ramadan?

# What Can We Do During Ramadan?

1 Fast from Fajr until Maghrib



2 Pray and read the Qur'an more regularly.



3 Make Dhikr and Du'aa



4 Give up bad habits



5 Give more charity





# Iftar Du'aa

كان رسول الله صلى الله عليه وسلم إذا أفطر قال:  
" ذَهَبَ الظَّمَأُ, وَابْتَلَّتِ الْعُرُوقُ, وَثَبَّتَ الْأَجْرُ إِنْ شَاءَ اللَّهُ "

Prophet Muhammad PBUH said when he broke his fast: " Thirst has gone, the arteries are moist, and the reward is sure, if Allah wills."





08

## Cases study

## Case 1

### Kareem story



Kareem was fasting a day in Ramadan.....  
During school break, his friend Mustafa gave him a biscuit.....  
Kareem ate it all, then drank a glass of water....  
After five minutes he remembered that he was fasting.....  
What should Kareem do?

He should complete his fast for it is Allah Who has fed him and given him to drink.

## Case 2

### Zainab story



Zainab was fasting during the day in Ramadan.  
At noon, she felt severe pain in her stomach and started vomiting.  
Is Zainab's fast valid?

Yes, her fast is valid because she did not vomit intentionally.

## Case 3

### Zaid story

Zaid was driving his car during Ramadan day.....  
Suddenly, one of the drivers started to annoy him and said bad words to him  
What should Zaid do?

He should not say bad words either....  
Instead he can say: إني صائم



## Case 4 Huda story



Huda was fasting during Ramadan day.....  
During Iftar, she was confused about what to break her fast with.....  
soup, salad, water, juice, dates, or the main meal.  
What should she break her fast with?

She should break her fast with fresh dates;  
if there were no (fresh dates) then with dry dates,  
and if there were no (dried dates) then she would take a few sips of  
water.

## Case 5 Emad story

Emad lives in Erbil and works as a businessman  
He wants to travel to Sulaymaniyah for two days during Ramadan  
Is he allowed not to fast during his travel?  
Note: The distance between Erbil and Sulaymaniyah is about 190 km

Yes, he is allowed not to fast because the distance between Erbil and Sulaymaniyah is more than 81 km.



